

North Carolina Clubhouse Coalition Academic Partnerships

- Asheville Buncombe Technical College
- Belmont Abbey
- Blue Ridge Community College
- Brevard College
- Catawba College
- Cleveland Community College
- Duke University
- Durham Technical Community College
- East Carolina University
- Gaston College
- Gardner Webb University
- Greensboro College
- Guilford Technical Community College
- Isothermal Community College
- Limestone College
- Mars Hill College
- Meredith College
- NC A&T State University
- NC State University
- Peace College
- UNC-Chapel Hill
- UNC-Charlotte
- UNC-Greensboro
- UNC- Asheville
- Wake Technical Community College
- Webster University

Certified Clubhouses work with schools and departments within these academic settings

- **School of Nursing**
- **School of Social Work**
- **Psychology Department**
- **Medical Anthropology**
- **Fuqua School of Business**
- **Occupational Therapy**
- **Journalism**
- **Art**
- **Sports Medicine**
- **Navy ROTC**
- **Nursing**
- **School of Public Health**
- **School of Medicine – Psychiatry, Social Medicine**
- **School of Dentistry**
- **School of Law – Including Poverty Center**
- **APPLES Service Learning**

Additional North Carolina Clubhouse Coalition Educational Affiliations

- **AHEC**
- **Center for Creative Leadership**
- **Discovery Learning**
- **Durham Literacy Center**
- **MAHEC**

CLUBHOUSES AND COMMUNITY SUPPORT SERVICES: COMPARISONS

CONVERGENCES, DIVERGENCE AND THE NEED FOR A CLUBHOUSE SERVICE DEFINITION

**LOC PRESENTED BY SUE E. ESTROFF, PH.D.
10 MARCH, 2010**

CONVERGENCE

COMMUNITY SUPPORT SERVICES

- Assist recipients in acquiring mental health and/or substance abuse recovery skills necessary for self management and to address successfully vocational, housing, and educational needs.
- Facilitation of the Person Centered Planning process which includes the active involvement of the recipient and people identified as important in the recipient's life (e.g., family, friends, and providers).

CLUBHOUSE STANDARDS AND SERVICES

- Helping people with mental illness to stay out of hospitals while achieving **social, financial and vocational goals.**
- Members **at their choice are involved in the writing of all records reflecting their participation in the Clubhouse.** All such records are to be signed by both member and staff.
- All members **have equal access to every Clubhouse opportunity** with no differentiation based on diagnosis or level of functioning.

CONVERGENCE

COMMUNITY SUPPORT

- Increase coping skills and social skills that mediate life stresses resulting from the recipient's diagnostic and clinical needs
- Use natural and social supports
- Utilize functional skills to live independently
- Minimize the negative effects of psychiatric symptoms and/or substance dependence that
- interfere with the recipient's daily living

CLUBHOUSE

- The work-ordered day engages members and staff together, side-by-side, in the running of the Clubhouse. **The Clubhouse focuses on strengths, talents and abilities**
- All work in the Clubhouse is designed to help members **regain self worth, purpose and confidence...**
- The Clubhouse has **recreational and social programs during evenings and on Weekends**. Holidays are celebrated on the actual day they are observed.
- The **level of support increases or decreases** in response to the changing needs of the member.

CONVERGENCE

COMMUNITY SUPPORT

- Community Support staff also inform the recipient about benefits, community resources, and services; and assist the recipient in accessing benefits and services. The organization assumes the roles of advocate, broker, coordinator, and monitor of the service delivery system on behalf of the recipient.

CLUBHOUSE

- Community support services are provided by members and staff of the Clubhouse. Community support activities are centered in the work unit structure of the Clubhouse.
- They include helping with entitlements, housing and advocacy, as well as assistance in finding quality medical, psychological, pharmacological and substance abuse services in the community.

CONVERGENCE

COMMUNITY SUPPORT

- Relapse prevention and disease management strategies.
- Direct interventions in escalating situations to prevent crisis (including identifying cues and triggers).
- • Assistance for the recipient and natural supports in implementing preventive and therapeutic intervention
- Develop and utilize strategies and supportive interventions to maintain a stable living arrangement and avoid of out-of-home placement

CLUBHOUSE

- Members and staff **actively reach out to help members keep their housing, especially during periods of hospitalization.**
- The Clubhouse provides an effective **reach out system to members who are not attending, becoming isolated in the community or hospitalized.**

CONVERGENCE

COMMUNITY SUPPORT

- Utilize functional skills to live independently
- Develop and utilize strategies and supportive interventions to maintain a stable living arrangement and avoid of out-of-home placement
- Minimize the negative effects of psychiatric symptoms and/or substance dependence that interfere with the recipient's daily living

CLUBHOUSE

- The Clubhouse is committed to securing a range of choices **of safe, decent and affordable housing** for all members. The Clubhouse has access to housing opportunities that meet these criteria, or if unavailable, the Clubhouse develops its own housing program.
- The Clubhouse assists and supports members **to secure, sustain and subsequently, to better their employment.**
- The Clubhouse assists members to further their **vocational and educational goals by helping them take advantage of adult education opportunities in the community. When the Clubhouse also provides an in-house educational program, it significantly utilizes the teaching and tutoring skills of members.**

CONVERGENCE

COMMUNITY SUPPORT

- **Utilize functional skills to live independently**

CLUBHOUSE

- The Clubhouse offers its own Transitional Employment program, which provides as a **right of membership opportunities for members to work on job placements in business and industry.**
- Members who **are working independently continue to have available all Clubhouse supports and opportunities** including advocacy for entitlements, and assistance with housing, clinical, legal, financial and personal issues, as well as participation in evening and weekend programs.
- Members have **the opportunity to participate in all the work of the Clubhouse, including administration, research, intake and orientation, reach out, hiring, training and evaluation of staff, public relation, advocacy and evaluation of Clubhouse effectiveness.**

CONVERGENCE

COMMUNITY SUPPORT

- a minimum of 60% of Community Support services that are delivered must be performed face-to-face with recipients;

CLUBHOUSE

- Community support activities are centered in the work unit structure of the Clubhouse. **[FACE TO FACE]**
- Clubhouse staff have generalist roles. All staff share employment, housing, evening and weekend, holiday and unit responsibilities. Clubhouse staff do not divide their time between Clubhouse and other major work responsibilities. **[FACE TO FACE]**

ADDITIONAL CONVERGENCES WITH COMMUNITY SUPPORT TEAMS

assist individuals to gain access to necessary services; reduce psychiatric and addiction symptoms; and **develop optimal community living skills.** Services offered by the CST shall be documented in a **Person Centered Plan** and must include: **assistance and support for the individuals in crisis situations; service coordination;** psycho-education and support for individuals and their families; **individual restorative interventions for the development of interpersonal, community coping and independent living skills;** development of symptom monitoring and management skills; monitoring medication; and self medication.

Individuals will experience decreased crisis episodes, and increased community tenure, time working, in school or with social contacts, and personal satisfaction and independence. Through supports based on the individuals' needs, consumers will reside in independent or semi-independent living arrangements, and be engaged in the recovery process.

DIVERGENCES THAT REQUIRE A CLUBHOUSE SPECIFIC SERVICE DEFINITION

COMMUNITY SUPPORT

- **PRESCRIPTIVE TIME LIMITS FOR SERVICES, DISCHARGE**
- **PCP PLAN REPORTING SCHEDULE**
- **LIMITS ON HOURS OF SERVICE/ATTENDANCE**
- **STAFF CREDENTIALS**
- **ADMISSION PATHWAYS AND REQUIREMENTS**
- **GROUP SIZE LIMITS (8)**

CLUBHOUSE

- **Membership is voluntary and without time limits.**
- **Members have a right to immediate re-entry into the Clubhouse community after any length of absence, unless their return poses a threat to the Clubhouse community.**
- **Members who are working independently continue to have available all Clubhouse supports and opportunities including advocacy for entitlements, and assistance with housing, clinical, legal, financial and personal issues, as well as participation in evening and weekend programs.**

With the huge changes to our state's mental health system being proposed, including CABHA's and statewide Medicaid Waivers, Clubhouses need to have a voice at the table to protect our programs, and more importantly our Members, from being adversely affected.

Please work with us, through legislation if necessary, to ensure that we have that voice.